

MAY 2023

Type Your School Name Here

BREAKFAST



**SERVED DAILY: MILK, FRUIT, AND
CONDIMENTS AS NEEDED.**



Nutrition Tip: Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.

Reference: USDA MyPlate



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Pop Tart
Cereal

1

Fruit
Milk
Juice

Donut Holes
Milk
Juice
Fruit

2

Jelly Biscuit
Pop Tart
Fruit
Milk
Juice

3

Breakfast Pizza
Pop Tart
Milk
Juice
Fruit

4

Cheese Grits
Fruit
Milk
Juice

5

Pop Tart
Cereal
Milk
Juice
Fruit

8

Donut Holes
Fruit
Milk
Juice

9

Cheese Grits
Milk
Juice
Fruit

10

French Toast
Fruit
Milk
Juice

11

Muffin
Cereal
Milk
Juice
Fruit

12

Pop Tart
Cereal
Fruit
Milk
Juice

15

Donut Holes
Milk
Juice
Fruit

16

Strawberry Bagel
Pop Tart
Fruit
Milk
Juice

17

Pancakes
Milk
Juice
Fruit

18

Super Donut
Pop Tart
Fruit
Milk
Juice

19

MANAGERS CHOICE
*Waffles
French Toast*

22

MANAGERS CHOICE
Ham Croissant

23

MANAGERS CHOICE
Muffins

24

MANAGERS CHOICE
Leftovers

25

EARLY RELEASE DAY
LAST DAY OF SCHOOL
Cereal

26

Memorial Day
NO SCHOOL

29

NO SCHOOL

30

NO SCHOOL

31



MAY 2023

Type Your School Name Here

Breakfast
Lunch



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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Salisbury Steak
Mashed Potatoes
Green Beans
Dinner Roll

BBQ Sandwich
French Fries
Coleslaw

Pizza
Broccoli
Side Salad w/ Ranch

Hot Dog
Chips
Baked Beans
Carrots w/ Ranch

Cinco De Mayo
Burrito
Corn
Salsa
Pineapple

Calzone
Cheesy Broccoli
Side Salad w/ Ranch

Hamburger
French Fries
Lettuce/Tomato

Fiesta Pizza
Corn
Black Beans

Chicken Fried Rice
Green Beans
Pudding
Dinner Roll

Ham Sandwich
Chips
Lettuce/Tomato
Carrots w/ Ranch

Pizza
Corn
Broccoli

Hamburger
French Fries
Lettuce/Tomato

BBQ ~~Meatball~~ ^{Meatball}
~~Black Beans~~ ^{Kidney Beans}
Coleslaw
Chips
Cookies

~~Chickpea Nuggets~~
Peas & Carrots
Dinner Roll
Mac n Cheese
Cookies

Hot Dog
Chips
Baked Beans
Carrots w/ Ranch
Cookies

MANAGERS CHOICE
~~Boxen Chicken~~
~~BBQ Chicken~~
~~Nuggets~~
~~Green Beans~~
Mac n Cheese
Breadsticks
Roll

MANAGERS CHOICE
School made Pizzas
Chips
Carrots w/ Ranch

MANAGERS CHOICE
Chili
Grilled Cheese
Garden w/ Ranch
Cobbler | Crisp

MANAGERS CHOICE
Leftovers

EARLY RELEASE DAY
LAST DAY OF SCHOOL
Sack Lunches

Memorial Day
NO SCHOOL

NO SCHOOL

NO SCHOOL

